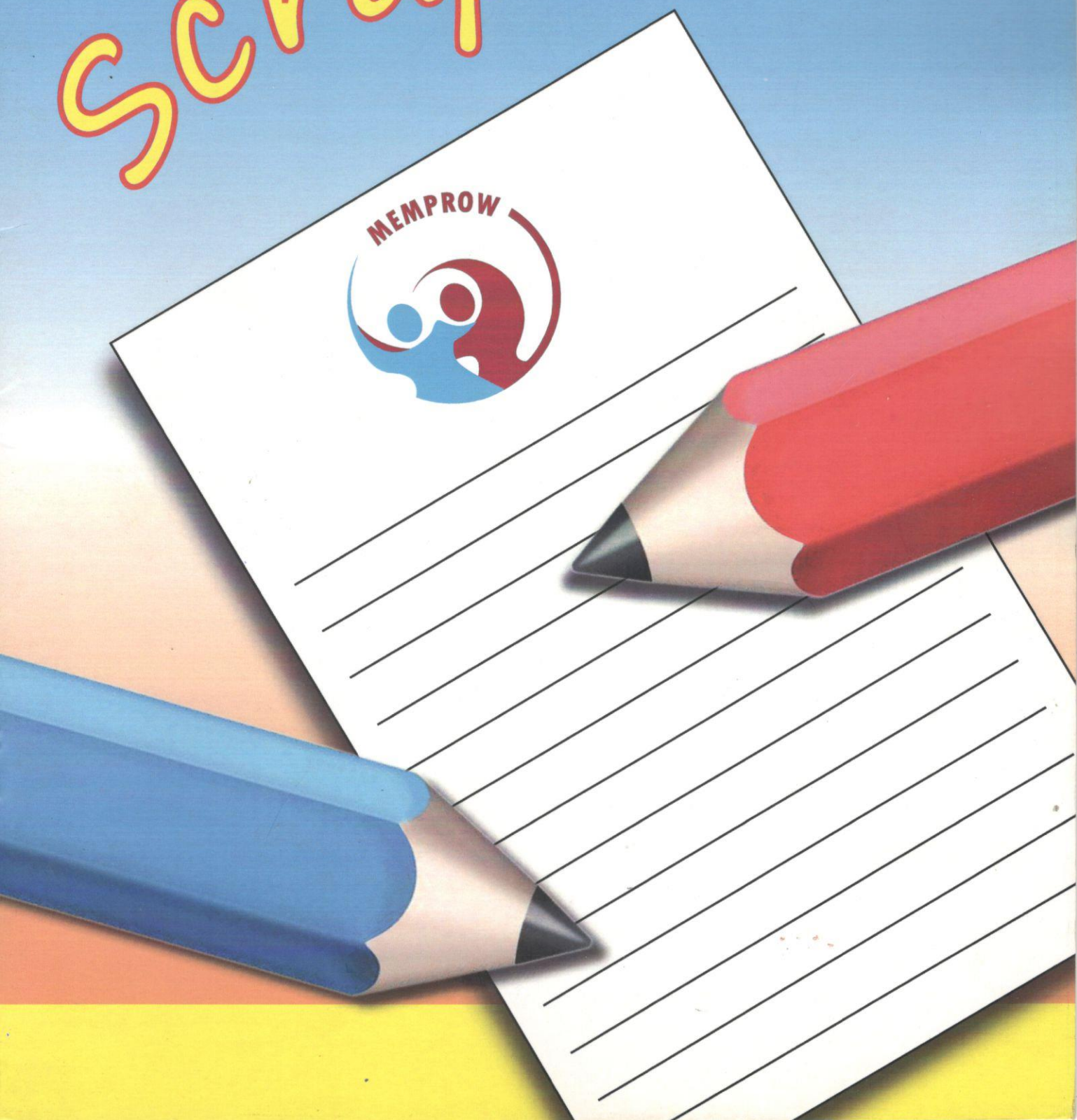


Scrap Book



Letters

APPRECIATION TO MEMPRO.

Dear

MEMPRO,

It with great pleasure that I would like to appreciate your effort for making us become good young women in our lives in order to our rights respected by the men.

It's from the MEMPRO training that I discovered a lot about my rights and in order to keep them correctly without it being violated and MEMPRO has encouraged me to be firm and confident to make sure I succeed in my studies despite the fact that ladies are having a lot of temptation and challenges that they are facing.

Dear young ladies It's our rights to make sure that these young men should not to use us as their property or power us in order to be using in their lives. Listen to the advice that the ladies who have been trained in the MEMPRO programme in order to keep our rights not being violated to make you acquire the knowledge they have for you.

Special thanks to reach out to DR. HILDA TADRIA for bringing us the MEMPRO programme and training us to be good young women who will stand firm and confident of ^{young} ~~women~~ ^{rights} for equality.

Thanks!!!!

Appreciation should reach out the following for having shared for us their experiences -

- > DR. HILDA TADRIA.
- > Ms. LILLIAN NALWOGA
- > Ms. EVELYN LETIYO
- > Ms. SARAH NAKAME.
- > DR. KINTU DENIS
- > Ms. ENID NAMBUYA.

~~BEROCHAN~~
BEROCHAN MAURINE
ERUSI SECONDARY SCHOOL
NEBBI DISTRICT.

NEBBI STANDARD Co

P.O Box 121

NEBBI (U)

24/08/2011

Dear

MEMPROW,

I'm a hundred percent very happy to take this chance of communicating to you through this piece of paper, let me hope you're all well excluding none at that comparison direction. backwise every thing is fine with exception of missing you.

I would really like to appreciate your work with us here which was ninety nine percent and one for the role. Surely Uganda is having very skilled men ~~men~~ and women. I have learn alot from you people (MEMPROW) I dont think I can ever mess with my life any more. I have now known that I have authority over my self and being responsible to all the right with exception of getting married before being in line of working class plus very many others I really thank God for that. if you happen to visit atleast several



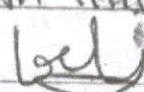
districts in the Country, then I think those who don't get problems with hearing and those who ~~are~~^{are} not addicted to such can change and improve on their lives because they are many people living a better life with HIV/AIDS in Uganda.

Then Uganda will definitely fall under one of the best countries in the world. Please my fellow girls, we have the MEMPRO who are giving us different knowledge about our self. I too would like to advise you with the advice they gave us.

Let's abstain from sex; you will not get any pain.
Let's stop accepting gifts from boys leading to sex.
Let's stick to our education for a better future.

Please MEMPRO, I'm really happy with what you taught us. My God forward you a future successor. I beg to stop here.

Thanks,

yours faithfully
Ugonyobu Lilian Jackson


MEMPRO MEMPRO MEMPRO

You have changed our life in all ways
You have made us to learn things which
we never knew before
You have made us to understand things
which was difficult for us
You have made us to plan for an ideal
future

In order to achieve the set goals
successfully
You are so precious to us.

You have empowered the women
by promoting girl child education;
equality and gender balance
Most of us has been violated, stressed,
raped, defiled, infected and impregnated
But you have protected us against all
those

You have changed our tears into joy
and dreams about what has been worrying
us

But you have given us the answer
and the solution.

Oh mempro you are always
and forever worldwide

Lovely mempro

Thanks

Apio Nancy
Nebbi Town Sec School
C.5

* BENEFITS

I benefited from the knowledge I got from MEMPRO ✓
for example :-

- I learnt how to communicate to people
- I learnt to express my self in public
- I learnt about who I am...
- I learnt about social survival skills
- I learnt about my health and how to keep my self healthy.
- I learnt how to become a responsible citizen.
- I learnt the social survival skills
- I learnt about violence against women and girls and the different examples or forms of violence
- I learnt how to defend myself and fight for my right.
- I learnt how to build my career
- I learnt professional writing skills
- I learnt to have high self esteem.
- I learnt to stand out from the crowd on important issues.
- I learnt to look for counselling & guidance.
- I learnt about the effects of peer pressure both +ve and -ve

I learnt to have self confidence.
MEMPRO has changed my life in that I now know how important I am to my school, family and the society.

I learnt to make right decisions after thinking critically.

WHAT I LIKED ABOUT MEMPRO

- I liked the care they showed us.
- I liked the feeding they provided us.
- I liked the advice and counselling

To all male Teachers
protect girls rights rather
than being perpetrators to
their rights.

Look at them as your daugh-
ters and sisters

This will enable you to ignore
all admirations that you have
on them.

In order for any of you to
fall in any romantic ship
with any of them.

So that they can perform
well in their studies

And uplift your names
as Teachers and the name
of the school at large

Thanks.

Advice by AMIRWORTH GLEN
NEBBITOWN SECONDARY SCHOOL

Poems

A POEM

SAVE US FROM DEFILERS.

Save us, save us, save us!
From defilers.

We are forced into early marriage.

Before we are ready for sex,

Before we are ready for maternity

Before we are ready for motherhood

And before we would even wish.

Political leaders,

Chieftain leaders

Religious leaders

And all stake holders

Help us and save us!

We are too young to leave school.

Let's join up together to fight this ignorance

Accept our plea,

Join all this;

For GOD AND MY COUNTRY.

(ABUQO JENHIFED)

AMUQIA SEC. SCHOOL

S.S. ARTS

20909

Poem
Patriarchy, patriarchy

You are the root cause of
violence in young women
and girls in the societies.

You made the women to
suffer gender inequality.

You make the women to
lack opportunities.

You make the women
to loose their skills.

And yet the woman can do
A lot for the societies.

You make the women to
be raped and forced to marry
And those made them to
acquire STDs and HIV/AIDS

So, if it could not be
Because of patriarchy, women
would be able to relate with
the men in playing roles in
the society compared to the
situation that the men
dominate the women.

Poem by GHOZIA HEBBIS.S.

JOKES

JACKY AND JENNY:

JACKY: Jenny are you fine?

JENNY: I am not fine I am Jenny.

JACKY: OK, we are going to write an article about MEMPROK! what are we going to write on?

JENNY: We are going to write on a piece of a paper

JACKY: I know we are going to write on a piece of a paper, about what?

JENNY: We shall write about one full page of a paper

JACKY: What will be the title of our article.

JENNY: The title will be on the first line on the top of the paper.

JACKY: Oh-h-h!! Jenny what a tiresome and boring girl. Why can't you understand things critically?

JENNY: Jackie how can you compare me to a tire of a vehicle and borehole which is a source of water which helps people including you. Worst still, you want me to understand. Do you mean I should stand on my head down and my legs up?

By ANMARGO JACKYNE PAIDHA PRIMARY
TEACHER'S COLLEGE 0779567601

JOKES AND POEM

Oh MEMPRO

What I have learned from all the topic has
really done some thing in my mind.

You have really made me to know who I
am and to begin loving my self fully

All the mistake I use to make are now
changing to the correction line. Oh! God

It is with some thing I thought I would never
Come to the solution

It has really been a lesson for me
I would like to forward my thanks for having
considered this district (Alebbi) by coming
and atleast share all these these messages

long live mempro your work has been
highly appreciated

It more of a parent teaching
Its more of an aunts teaching

Your teaching is going to improve the life
of Ugandans

with you I think I think Uganda is going to
develop a brighter people now

Uyenyboth lillian Jackson NEBSTA
COLLEGE

from ...
ST. CORNELIUS SSC

NANKAMBO

JOSEPHINE

KAZA GATA -
MATHONGWE.

(LUGAZI)

POEM

GIRLS , GIRLS , GIRLS .
open your eyes
Have a "no" in your hearts
Have a vision in your future .

Girls , Girls , Girls
We are ever used
They leave us in pain
men and boys are stubborn .

Girls , Girls , Girls
We are flowers
We are seasonal
Your season will end
You will grow old
No one will respect you .

Girls , Girls , Girls .
Abstain from sex
education girls
The world is round
You will get a true partner
You will live in peace and harmony

Girls , Girls , Girls
Open your eyes
and be interigent .

RAPE

Rape rape rape,
Where do you come from!
You hate mistreated us so much!
Many innocent people have been mistreated by you
Oh...! rape, our oppressor!

Yesterday, today and tomorrow
You still want to mistreat us
Oh...! rape!

Many drunkards, murderers and
The energetic men, practice you
Making us lose integrity and dignity
In our societies!

Damage of sexual organs
Bearing of unwanted children
Spread of killer diseases like AIDS
Are all brought about by you.

Government government government
Set laws and penalties against rape,
In order to secure tomorrow's women
If not
Who are losing life and respect.

FOR GOD, NIA, MY COUNTRY.

(TINGU HARRIET O.S.A.)
(AMURIA SECONDARY SCHOOL)

✓ poem ✓

Day after day
Women suffer and suffer,
From all kinds of oppressions,
Battering, exploitation,
And their men watch them
with broken faces as
they rejoice.

Day after day
Women are battered
by poverty,
Forced into marriage,
Raped and cleaved
Sex abuse in marriage!
And their men watch
them with broken faces
as they rejoice.

Between birth and old age,
Women suffer most.
Between life and death
they wonder like rivers
searching and any scummy
land from space.
I cannot explain vividly
for they will be extinct
from men.

(ASIO CHRISTINE CARDINE)
L.6A
AMURIA S.S

POEM

Apiny Dorothy
Amuria S.S.

GIRL CHILD ABUSE



Oh! Girl child!
Being punished from homes,
~~Rape~~ ~~Lured~~ to unwanted
Pregnancies, Rape, Degilement.
More worse of all contracting HIV/AIDS

Girl child, Girl child!
Denied from school,
Forced to early marriages
Aging while giving birth.

Oh innocent girl
Given corporal punishment
Always abused in families,
being burnt, a complete
child abuse.

Sugar Daddies,
You run to us with your
cheap presents, in exchange
for sex.

Destroying us, raping
our minds,

Destroying us when we are not ripe
And before we are married you've
already destroyed us

We get barren

Because you've burnt our ovaries
leave us alone!

Sugar Daddies.

